

The 14th International Expressive Arts Therapy Association Conference

Day 1

Eastern Standard Time (UTC-5)	Central European Time (UTC+1)	China Standard Time (UTC+8)	Program							
Jan 14 (Fri) 11:00-11:15	Jan 14 (Fri) 17:00-17:15	Jan 15 (Sat) 00:00-00:15	Opening Ceremony							
11:15-12:15	17:15-18:15	00:15-01:15	Keynote: Hector Aristizábal (Columbia)							
12:15-12:30	18:15-18:30	01:15-01:30	Networking							
12:30-14:00	18:30-20:00	01:30-03:00	Parallel Sessions							
			Elahe Rahimian (Iran) Maternal Creativity In the COVID-19 Pandemic	Kim Anderson (United States) The Role of Expressive Arts Therapies in Documenting Historic Memory: Outsider Art, Art Brut, Folk Art and Craft as Alchemical Archive	Miriam Zimms (United States) Expressive Introspection, the Art of Survival	Susan O'Connell; Terri Goslin-Jones (United States) Poetic Medicine Circle: Changing Lives One Poem at a Time	Victoria Knight (United States) Expressive Art With Spiritual Direction: Listening In Color	Jena Leake (United States) Coming Home to Ourselves: Rituals of Renewal	Delores Gulledge (United States) Expressive Movement: Tai Chi in Healthcare	Nancy Gershman (United States) Dreamscaping Joy from Loss through Prescriptive Memory-Making and Dyadic Creativity
14:00-15:00	20:00-21:00	03:00-04:00	Meal Break & Regional Committee Meeting (America)							
15:00-16:00	21:00-22:00	04:00-05:00	Panel Discussion: Hector Aristizábal (Columbia); Raffi Feghali (Lebanon); Soyinka Rahim (United States); Armand Volkas (United States) "The Power of Play in Expressive Arts"							
16:00-16:15	22:00-22:15	05:00-05:15	Networking							
16:15-17:45	22:15-23:45	05:15-06:45	Parallel Sessions							
			Laury Rappaport (United States) Cultivating Self-Compassion and Enhancing Resilience through Focusing-Oriented Expressive Arts (FOAT®)	Pamela Krueger (United States) Embodied Presence for Clinical Interactions: An EXA Exploration	Barbara Davis (United States) Inside-Outside: What Does It Matter?	Darcie Davis-Gage (United States) Gently ACT: Managing Chronic Pain Through Expressive Arts Therapy	Maria Luisa Diaz de Leon Zuloaga (United States) Reclaiming Stillness: Artful Ways for Navigating Anxiety and Cultivating Resiliency During COVID-19 Pandemic	Lucia de Urioste Bejarano (Canada) Aesthetic Nourishment: An Arts-Based Approach to Self-Care	Mandy Morris (Australia) Express Yourself Playshop	
17:45-18:00	23:45-00:00	06:45-07:00	Networking							
18:00-19:30	Jan 15 (Sat) 00:00-01:30	07:00-08:30	Parallel Sessions							
			Amy Morrison (United States) Aesthetics & Anti-Oppression for Online Education	Jennifer Runde (United States) Engaging with Intersectional Identity Using Expressive Arts	Topaz Weis (United States) The Body Sings	Pamela Jiménez (Costa Rica) Arts and Health: Interdisciplinary Dialogues	Doreen Meister (United States); Grace Brillantes-Evangelista (Philippines) Focusing-Oriented Expressive Arts (FOAT®) Source of Strength	Coby Lyons (United States) Arts-Based Research with Expressive Arts: The Challenges of Engaging in Non-Linear Research in a Linear Setting		
19:30-20:30	01:30-02:30	08:30-09:30	Meal Break / REACE Committee Meeting							
20:30-21:30	02:30-03:30	09:30-10:30	Performing Arts Event							

The 14th International Expressive Arts Therapy Association Conference Day 2

Eastern Standard Time (UTC-5)	Central European Time (UTC+1)	China Standard Time (UTC+8)	Program						
Jan 15 (Sat) 04:00-04:25	Jan 15 (Sat) 10:00-10:25	Jan 15 (Sat) 17:00-17:25	Mindfulness						
04:25-04:30	10:25-10:30	17:25-17:30	Opening Remarks						
04:30-05:30	10:30-11:30	17:30-18:30	Keynote: Margo Fuchs Knill (Switzerland) "Amazement - the Gate to the Future"						
05:30-05:45	11:30-11:45	18:30-18:45	Networking						
05:45-07:15	11:45-13:15	18:45-20:15	Parallel Sessions						
			Walker Ladd (United States) The Artful Researcher: Using Creativity in Qualitative Data Analysis	Courtney Taylor (United States) Jungian Archetypes in Astrology and Creative Processing with the Astrological Houses	Anubha Doshi; Tripura Kashyap (India) Buddhist Psychology Intersects with Dance Movement Therapy	Ava Ka Man Lam; Eve Wong (Hong Kong) Unleash the Creative Power to Tell the Untold - Use of EXAT in a 26-Session Group with Adults Having Chronic Depression	Tamara Knapp; Kathleen Horne (United States) Refreshing Discoveries		
07:15-08:15	13:15-14:15	20:15-21:15	Meal Break / Regional Committee Meeting (Europe, Middle East & Africa)						
08:15-09:15	14:15-15:15	21:15-22:15	Panel Discussion: Margo Fuchs Knill (Switzerland); Fiona Chang (Hong Kong); Kathleen Horne (United States); Darci Adam (Canada); Maria Gonzalez-Blue (Guatemala); Graciela Bottini (Argentina) "Expressive Arts in Education Around the World" (Part I)						
09:15-09:30	15:15-15:30	22:15-22:30	Networking						
09:30-11:00	15:30-17:00	22:30-00:00	Parallel Sessions						
			Wonhee Kang (United States) Unlock the Power of Your Heart	Eve Lyons; Sarah Watts (United States) Expressive Arts Therapists In Cyberspace	Man-Kit (Aleck) KWONG (Hong Kong) Reengaging the Four Modes of Existence During the Existential Crisis of COVID-19 through Tea-Based Online Expressive Arts Therapy	Carlyn Waller-Wicks (United States) Sensory-Focused Expressive Arts Therapy for Adults with Disabilities	Ka Lok Sobel Chan (Hong Kong) We are All Wonder: Healing School Bullying and Inclusion Campus Education by Visual Art and Cinema Therapy	Pui Wah (Meko) Ng; Vanice Chan (Hong Kong) Healing and Balance: Five Elements	Marianela Soto-Hurtado (Chile) ExpresArte Sin Fronteras: Expressive Therapies Supervision for Professionals Working with Migrant Families on the Mexican Border
11:00-11:15	17:00-17:15	00:00-00:15	Networking						
11:15-12:45	17:15-18:45	Jan 16 (Sun) 00:15-01:45	Parallel Sessions						
			Melody Gamba; Ebony Nichols (United States) Allies and Collaborators: Building Relationships Through Social Action	Jaya Narayan (Australia) Finding Our Inner Sakhi	Lynn Pollock; Marise Lariviere (United States) Introduction to FOAT® and SoulCollage® for Growth and Transformation	Cynthia Tawasha Diwan; Melissa Craven (United States) Rejuvenation through Radical Acceptance	Hazal Selcuk (United States) Singing through Grief	Tara Muma (United States) Considerations of Utilizing Artistic Expressions in Work and Self-Care	Elfrieda Lepp-Kaethler (Canada) Learn to Heal-Heal to Learn: English Language Learning in Color
12:45-13:45	18:45-19:45	01:45-02:45	Meal Break / REAT Committee Meeting						
13:45-14:45	19:45-20:45	02:45-03:45	Performing Arts Event						

The 14th International Expressive Arts Therapy Association Conference

Day 3

Eastern Standard Time (UTC-5)	Central European Time (UTC+1)	China Standard Time (UTC+8)	Program						
Jan 15 (Sat) 21:00-21:25	Jan 16 (Sun) 03:00-03:25	Jan 16 (Sun) 10:00-10:25	Mindfulness						
21:25-21:30	03:25-03:30	10:25-10:30	Opening Remarks						
21:30-22:30	03:30-04:30	10:30-11:30	Keynote: Brinda Jacob (India)						
22:30-22:45	04:30-04:45	11:30-11:45	Networking						
22:45-00:15	04:45-06:15	11:45-13:15	Parallel Sessions						
			Merav Berger (United States) Tools for Creative Online Connection	Therese Jose (Philippines) Born Again (And Again): An Action Research on Helping Filipino Seminary Students Navigate Changes in Their Spirituality through Spiritual Direction and Expressive Arts Group Process	Carol Wiggs (United States) Engaging in Creativity as a Means of Self-Reflection on a Lived Experience	Nicki Koethner (United States) Elemental Movements for Rejuvenation	Manju Jain; Aslam Khader (United States) Using the Expressive Arts to Enable Emotional Wellness in Underserved Communities Globally	Adriana Marchion (United States) Selfie as Self-Exploration: Unmasking Our Identity through Movement and Cell Phone Photography	Katrina Plato; Christine Dave (United States) Partner Journaling: Accessing the Language of the HeART
Jan 16 (Sun) 00:15-01:15	06:15-07:15	13:15-14:15	Meal Break / Regional Committee Meeting (Asia Pacific)						
01:15-02:15	07:15-08:15	14:15-15:15	Panel Discussion: Jose Calderon (Peru); Judith Alalu (Spain); Kyoko Ono (Japan); Gopika Dahanukar (India); Brinda Jacob (India); Varvara V. Sidorova (Russia) "Expressive Arts in Education Around the World" (Part II)						
02:15-02:30	08:15-08:30	15:15-15:30	Networking						
02:30-04:00	08:30-10:00	15:30-17:00	Parallel Sessions						
			Claudia Coenen (United States) Grief through the Creative Lens	Avantika Malhautra (India) Therapeutic Presence and Self-Care for Therapists in Telehealth Practice	Olive Swan (United States) Reinterpreting Life Events through Hebraic Culture	Janine Tougas (Canada) Animal Conversations	Anin Utigaard (United States) The New Virtual World of Expressive Arts Therapy: What Does It Look Like? How Can It Help?	Jane Dalton (United States) Image as Apothecary	Hannah Behrens (Netherlands) Looking at Virginia Woolf's "A Sketch of the Past" with an Expressive Arts Phenomenological Framework: A Blueprint for Healing Trauma through Autobiographical Writing
04:00-04:15	10:00-10:15	17:00-17:15	Networking						
04:15-05:45	10:15-11:45	17:15-18:45	Parallel Sessions						
			Jennie Kristel (United States) Exploring Our stories Coming into Breakthroughs	Brinda Jacob (India) Exploring Desire through Somatic Practices as a Way to Reclaim Our Life Force	Kathleen Horne; Tamara Knapp (United States) Exploring Your Ecological Self	Freda Blob (Germany) Into the More - Exploring the Transformative Potential of Expressive Avenues	Suraya Keating; Nicki Koethner (United States) Caring for The Caregiver: Intermodal Expressive Arts to Support Healthcare Workers' Well-Being	Ariane Agostini (United Kingdom) The Person-Centred Creative Arts Approach (in Counselling Education)	
05:45-06:45	11:45-12:45	18:45-19:45	Meal Break / Student and New Professional Committee Meeting						
06:45-08:45	12:45-14:45	19:45-21:45	Closing Ceremony						